

(D1: The Heart)

Shepherding My Heart Throughout the Day

The Wellspring Purpose and Disciplines:

- I. Shepherding my heart when my Bible is open.
 1. Why do I read my Bible?
 2. Why do I come before the Lord with my Bible open?

- II. Shepherding my heart throughout the day.
 1. Listening to myself, my thoughts, my reasoning
(Wrong thinking / downward spiral)

I desire + I deserve = I DEMAND

 2. Shepherding my heart, my thoughts, my reasoning
(Right thinking / upward spiral)

I desire + what I truly deserve = NO DEMANDS

III. How do I shepherd my heart throughout the day?

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

(D1: The Heart) Shepherding My Heart Throughout the Day

ATTITUDES

prideful/arrogant

Prov 21:24; 28:25

wise in my own estimation

Prov 26:12, Rom 12:16

without peace

Rom 3:17

bitter

Rom 3:14

loving pleasure/comfort

2 Tim 3:4

angry

Gal 5:20

anxious/fearful

Matt 6:27

ungrateful

Luke 6:35, 2 Tim 3:2

envious/jealous

Rom 1:29, Gal 5:20

hopeless

Eph 2:12



ACTIONS

demanding

Luke 11:16

loving self

2 Tim 3:2

boasting

2 Tim 3:2, James 3:5; 4:16

grumbling

Phil 2:14

biting and devouring

Gal 5:15

disputing

2 Cor 12:20, Gal 5:20, 1 Tim 6:4

criticizing/judging

Luke 6:41-42, Rom 2:1

not asking God

Josh 9:14

withdrawing

Prov 18:1

returning evil for good

Prov 17:13

I DESIRE + I DESERVE = I DEMAND

ATTITUDES

submissive

James 4:13-17

content

2 Cor 12:7-10, Phil 4:10-14

not seeking own way

1 Cor 13:5

not wise in own estimation

Rm 12:3, 16

humble

Phil 2:3, Col 3:12

peaceable/peaceful

Phil 4:6-7, Col 3:15, Titus 3:2, James 3:17

joyful

1 Thes 5:16, Rm 12:12, Js 1:2

self-controlled

Gal 5:23, 2 Pt 1:6

enduring

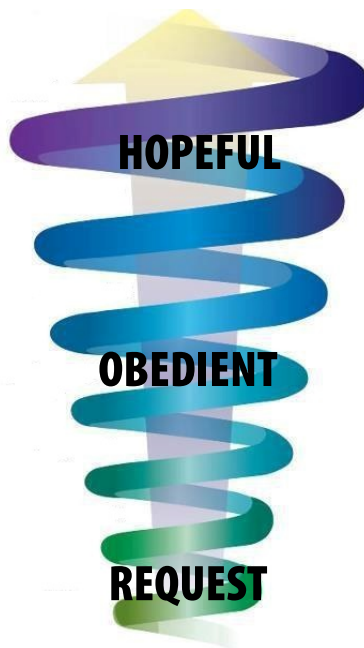
Heb 12:2, Js 1:3-4

strengthened

Heb 12:3, Js 5:8

trusting

Prov 3:5



ACTIONS

overcoming evil with good

Rom 12:21

not vengeful

1 Pet 3:9, Rom 12:17-19

patient

Gal 5:22, Col 3:12, 1 Thes 5:14

forgiving

Eph 4:32, Col 3:13, 1 Pet 4:8

thankful

Eph 5:20, Col 3:15, 1 Thes 5:18

gentle

Gal 5:22, Col 3:12, Titus 3:2, James 3:17

kind

Col 3:12, Gal 5:22, 2 Pet 1:7

loving

Eph 5:1-2, Col 3:14, 1 Cor 13:1-8

devoted to prayer

1 Thes 5:17, Rom 12:12, James 1:5-8

asking God

Phil 4:6, 1 John 5:14

I DESIRE + What I Truly DESERVE = NO DEMANDS!