

Name: _____

January 9 and 11, 2020

Lesson 8

D1-THE HEART: GUARDING YOUR HEART (PROVERBS 4:23)

DUE:

Thursday, January 23, 2020 / Saturday, January 25, 2020

Begin your homework with prayer. Ask the Lord to open your eyes and for His grace to see what you need to see and to change what you need to change.

LOOKING BACK...

Review the lesson on Proverbs 4:23. Identify one thing that impacted you from the lesson. Write it down and explain why you chose it.

After considering the lesson on Proverbs 4:23 ask God to show you what you need to remove from your life that negatively impacts your heart's devotion to God and what He wants you to put on in its place.

1. List the changes you will implement to help improve your heart's devotion to God.

2. Give some examples of how you guard your heart.

LOOKING DAY BY DAY...

Look through the Wellspring Songbook and choose a few songs to read or sing that help you to shepherd your heart throughout the day. What songs did you choose and how did they help you?

LOOKING AHEAD...

After looking at the importance of guarding our hearts, the next lesson will focus on the importance God places on our homes. The home is where the quality of our heart shepherding is put on display. To prepare for the next lesson, The Importance God Places on Household Relationships, read through the Wellspring disciplines on the back of your notebook.

In the following verses, underline and label the disciplines that you see:

Deuteronomy 6:1-9

1) Now this is the commandment, the statutes and the judgments which the LORD your God has commanded me to teach you, that you might do them in the land where you are going over to possess it, 2) so that you and your son and your grandson might fear the LORD your God, to keep all His statutes and His commandments which I command you, all the days of your life, and that your days may be prolonged. 3) O Israel, you should listen and be careful to do it, that it may be well with you and that you may multiply greatly, just as the LORD, the God of your fathers, has promised you, in a land flowing with milk and honey. 4) Hear, O Israel! The LORD is our God, the LORD is one! 5) You shall love the LORD your God with all your heart and with all your soul and with all your might. 6) These words, which I am commanding you today, shall be on your heart. 7) You shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up. 8) You shall bind them as a sign on your hand and they shall be as frontals on your forehead. 9) You shall write them on the doorposts of your house and on your gates.

LOOKING DEEPER...

Read Psalm 119:65-80. Observe the Psalmist's pattern of praying and how he shepherds his heart through the following:

1. Write out the repeated words and phrases.
2. List the verses that precede his prayer requests. Make note of any patterns that you see.
3. How does the Psalmist develop and measure his understanding of God and his circumstances, what he values, and how he prays?
4. Write down any observations that challenge you. Ask God to help you orient your thinking and shepherd your heart around His Word.

Wellspring Kids Memory Verse:

Psalm 100

to be memorized by the end of the year.