

D1: The Heart: Shepherding My Heart Throughout the Day

Review—Wellspring Purpose and Disciplines:

- I. Shepherding my heart when my Bible is open.
 1. Why do I read my Bible?
 2. Why do I come before the Lord with my Bible open?

- II. Shepherding my heart throughout the day.
 1. Listening to myself, my thoughts, my reasoning
(Wrong thinking / downward spiral)

I desire + I deserve = I DEMAND

 2. Shepherding my heart, my thoughts, my reasoning
(Right thinking / upward spiral)

I desire + what I truly deserve = NO DEMANDS

III. How do I shepherd my heart throughout the day?

1.

2.

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