

Wellspring

"Above all else, guard your heart, for it is the wellspring of life." Proverbs 4:23

The Wellspring Purpose and Disciplines:

Purpose:

To _____ and _____ the women of Grace Bible Church to shepherd their hearts toward Jesus Christ with the _____ so that they live gospel-transformed lives, thus _____ the church in its _____ purpose.

Discipline One-the heart

The _____ woman of God shepherds her heart _____ toward God through the Word of God, and in particular the _____.

Discipline Two-the home

The faithful woman of God is _____ for those in her home and _____ to them with her heart _____ on God and His Word.

Discipline Three-ministry

With a heart fixed on God and keeping her God-given ministry within her home a priority, the faithful woman of God _____ into the _____ and every part of life to shepherd others toward _____ and the _____.

Proverbs 4:23

"Above all else, _____ your _____, for it is the wellspring of _____."

D2: THE HOME: Building Up or Tearing Down? (Prov 14:1)

The Wellspring Purpose and Disciplines:

"The wise woman builds her house, but the foolish tear it down with her own hands." Proverbs 14:1

Introduction:

Wisdom is _____

- Proverbs 1:7 "The fear of Yahweh is the beginning of knowledge; Fools despise wisdom and instruction."

1. _____ women in Proverbs.

- Proverbs 11:16a says "a **gracious** woman attains honor..."
- Proverbs 19:14b "a **prudent** wife is from the Lord."
- Proverbs 31:10 "An **excellent** wife who can find? For her worth is far above rubies."
- Proverbs 31:30 "Charm is deceitful & beauty is vain, but a woman who **fears the Lord**, she shall be praised."

A. The wise woman _____ well.

- Proverbs 8:33- "**Heed instruction** and be wise, and do **not neglect it.**"
- Proverbs 9:8- "Do not reprove a scoffer, or he will hate you, **reprove a wise man and he will love you.**"
- Proverbs 10:8- "**The wise of heart will receive commands**, but a babbling fool will be ruined."
- Proverbs 15:31- "**He whose ear listens to the life-giving reproof will dwell among the wise.**"
- Proverbs 19:20- "**Listen to counsel and accept discipline**, that you may be wise the rest of your days."
- Proverbs 9:9- "Give instruction to a wise man and he will be still wiser, teach a righteous man and he will increase his learning."
- Proverbs 8:34- "Blessed is the man who **listens to me**" (wisdom)

B. The wise woman _____ wisely.

- Proverbs 16:23- "**The heart of the wise instructs his mouth** and adds persuasiveness to his lips."
- Proverbs 4:23- "Above all else, **guard your heart**, for it is the wellspring of life."
- Proverbs 10:19- "When there are many words, transgression is unavoidable, **but he who restrains his lips is wise**"
- Proverbs 12:18- "There is one who speaks rashly like the thrusts of a sword, **but the tongue of the wise brings healing**"
- Proverbs 13:14- "**The teaching of the wise is a fountain of life** to turn aside from the snares of death"

- Proverbs 14:3- "In the mouth of the foolish is a rod for his back, but the **lips of the wise will protect them**"
- Proverbs 15:2- "The **tongue of the wise makes knowledge acceptable** but the mouth of fools spouts folly"
- Proverbs 15:7- "The **lips of the wise spread knowledge**, but the hearts of fools are not so."

2. _____ women in Proverbs

A. The foolish woman is _____.

- Proverbs 5:3-6- "For the lips of an adulteress drip honey and smoother than oil is her speech; but in the end she is bitter as wormwood, sharp as a two-edged sword. Her feet go down to death, her steps take hold of Sheol. She does not ponder the path of life; her ways are unstable, she does not know it."
- Proverbs 22:14- "The mouth of an adulteress is a deep pit; he who is cursed of the Lord will fall into it."
- Proverbs 30:20- "This is the way of an adulterous woman: she eats and wipes her mouth, and says, 'I have done no wrong.'"

B. The foolish woman is _____.

- Proverbs 10:4- "Poor is he who works with a **negligent** hand, but the hand of the diligent makes rich."

- Proverbs 6:9-11- "How long will you lie down, O **sluggard**? When will you rise from your sleep? A little sleep, a little slumber, and little folding of the hands to rest- your poverty will come in like a vagabond and your need like an armed man."
- Proverbs 19:24- "The **sluggard** buries his hand in the dish but will not even bring it back to his mouth."
- Proverbs 21:25- "The desire of the **sluggard** puts him to death, for his hands refuse to work."

C. The foolish woman is _____.

- Proverbs 19:13- "the **contentions** of a wife are a constant dripping."
- Proverbs 21:9- "It is better to live in the corner of a roof than in a house shared with a **contentious** woman."
- Proverbs 21:19- "It is better to live in a desert land than with a **contentious** and vexing woman."
- Proverbs 25:24- "It is better to live in the corner of a roof than in a house shared with a **contentious** woman."
- Proverbs 27:15-16- "A constant dripping on a day of steady rain and a **contentious** woman are alike. He who would restrain her restrains the wind and he grasps oil with his right hand."
- Exodus 17:1-7
 - o Genuine _____ does not excuse a _____ response!
 - o Contentiousness _____ more sin.
 - o Complaining fails to acknowledge what is _____ about God and His _____.

Contention is stirred up by-

- Anger
 - o Proverbs 29:22- "A man of wrath stirs up strife and one given to anger causes much transgression."
 - o Proverbs 15:18- "A hot tempered man stirs up strife, but he who is slow to anger quiets contention."
- Arrogance
 - o Proverbs 28:25- "A greedy man stirs up strife, but the one who trusts the Lord will be enriched"
- Gossip
 - o Proverbs 26:20- "For lack of wood the fire goes out, and where there is no whisperer, quarreling ceases."

Contention creates-

- Defensiveness
 - o Proverbs 18:19- "A brother offended is harder to be won than a strong city, And contentions are like the bars of a citadel."

Warnings directed at the home.

- Proverbs 17:1- "Better is a dry morsel and quietness than a house full of feasting with strife."
- Proverbs- 21:9 and 25:24- "It is better to live in a corner of the roof than in a house shared with a contentious woman."

- i. _____ contention
 - o Galatians 5:13-6:2
 - o James 4:1-2- "What causes quarrels and what causes fights among you? Is it not this, that your passions are at war within you? You desire and do not have..."
 - o Romans 8:5-11- "But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness.¹¹ If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you."

- ii. _____ contention
 - o Remembering God's character.
 - o Always think the best. 1 Corinthians 13:7
 - o Don't underestimate your own sinfulness. 1 Timothy 1:15
 - o Ask the Lord to show you what pleases Him in your speech and what does not.
 - o Cultivate a heart of thankfulness.
 - o Continue to look in scripture for instruction in God honoring speech.

3. _____-Evaluation

I frequently express gratitude for the benefits that I have received from God and others.

OR

I frequently grumble about having what I don't want or wanting what I don't have.

I build others up with words of praise, appreciation and admiration.

OR

I often hurt others with critical, belittling words. I am quick to point out the failure of others.

I am quick to humble myself and seek forgiveness when I have wronged someone.

OR

I tend to defend or justify myself rather than admitting when I am wrong.

I am faithful in praying for God to work in others' lives

OR

I spend more time talking to friends or counselors about the needs in the lives of those around me than I do in fervent, intercessory prayer on their behalf.

When provoked, I generally respond with a gentle answer.

OR

I am easily provoked and tend to respond with harsh words.

4. Gospel _____

- 1 Peter 2:24- "He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed."

- Romans 12:2- "Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect."