

## FENCE AND FEED – CONTINUING IN THE WELLSPRING DISCIPLINES

### PERSEVERE...

Your Wellspring reading plan was more than homework. Hopefully the months you spent disciplining yourself to be in God's Word daily has created a habit and appetite for God's Word that will continue beyond Wellspring. Persevere . . . keep going . . . do not grow weary in protecting your time in the Word and committing to take in the entire Word of God. Some ideas for continuing:

- Review Scott Maxwell's "Honoring the Lord (and controlling ourselves) in Our Bible Reading". Use the prayer he provided to prayerfully position yourself before the Word. Use the list of questions he provided to help you make observations when you read.
- Use the Wellspring bookmark that was provided to guide your time in the Word or help you journal.
- Pray a couple verses of Psalm 119 each day before you come to the Word to remind your heart of the importance of drawing near to God's Word. If you read just two verses per day, you will work your way through the entire Psalm by the end of the summer!
- Consider asking one of the ladies from Wellspring or your smallgroup to ask you how you are doing in persevering with your reading plan.

### GOING DEEPER...

You might want to consider some opportunities in the summer months to replace the time that you were spending on Wellspring homework with additional reading and study:

- *The Gospel Primer* by Milton Vincent is a great resource that was quoted and recommended to us several times this year in Wellspring. Did you know that the first section has 31 "chapters"? These short reads are packed with gospel truths and Bible references to begin your day or prepare for your time in the word. Thirty-one chapters gives you one to read each day of the month.
- Consider other books recommended at Wellspring to *accompany* your time in the Word:
  - Becoming a Titus 2 Woman* (Martha Peace), *When People Are Big and God is Small* (Ed Welch),
  - Feminine Appeal* (CJ Mahaney), *Prayers of an Excellent Wife* (Andrew Case),
  - Greener Grass Conspiracy* (Stephen Altrogge), *Did I Kiss Marriage Goodbye* (Carolyn McCulley).
- Review the Wellspring lessons or listen to some of the lessons from Thursday Wellspring that were not taught on Saturday, from previous years. Thursday lessons are listed on the back of this sheet and all of the Wellspring lessons, and outlines, can be found on the website: [www.gbcaz.org/ministries/classes/womens/wellspring/resources](http://www.gbcaz.org/ministries/classes/womens/wellspring/resources).
- Review the Wellspring Disciplines: The Heart, The Home, & Ministry. Each week/month, prayerfully consider each one and write out how you might intentionally apply something you have read from God's Word or learned in Wellspring this year to glorify God in each discipline.
- Dig into the additional resources provided in Wellspring. Spend some time reviewing these wonderful tools such as the Transformation of Man pamphlet, The Gospel-Five Resources, Heart Categories for Consideration (resources tab), The Heart in the New Testament (resources tab), Women in the Bible (resources tab), Heart Shepherding with the Gospel.
- Commit to spending some time memorizing Scripture this summer.
- Listen to past Women's Retreat messages which are listed on the back of this sheet and found on the website.

### LOVE ONE ANOTHER...

In our lesson on the "One Anothers", we were reminded that we are called to intentionally practice them within the body at Grace Bible Church. Consider how you will be intentional with loving one another:

- Smallgroups (contact the church office for information)
- Women of Grace Bible Friday night gatherings (meeting at various homes)
- Women's Retreat (likely in August or September)

## **Additional Wellspring Lessons from Midweek Wellspring**

*(from [gbcaz.org](http://gbcaz.org), search "Wellspring Midweek" and the date to find the audio and other resources for the lesson)*

### **D1 - The Heart: Shepherding My Heart throughout the Day**

October 27, 2016

Ann Angstead

### **D2 - The Home, and D3 - Ministry: Peacemaking - Resolving Conflict Biblically**

December 1, 2016

Jenna Kellso

### **D1 - The Heart: Mary, the Mother of Jesus**

December 8, 2016

Janet Yates

### **D3 - Ministry: How the Body Cares for Itself (1 Thes 5:14)**

February 16, 2017

Sarah Demarest

### **D2 - The Home: Deuteronomy 6:1-9**

February 23, 2017

Scott Maxwell

### **D1 - The Heart: Four Questions for My Heart from Proverbs**

April 6, 2017

Scott Maxwell

## **Past Women's Retreats and Conferences at GBC**

*(on [gbcaz.org](http://gbcaz.org), search "women's retreat or conference" and scroll down to the conference/retreat of interest)*

2016 - Prayer: Drawing Near to the Throne of Grace

2015 - No Longer Strangers

2014 - Days that Demand Discernment

2013 - The Triumph of Faith

2012 - Precious and Magnificent Promises (2 Peter 1)

2011 - Complete in Christ (Colossians)

2010 - Mining the Riches of God's Word