

D1 – The Heart: Shepherding My Heart Throughout the Day

Attitudes

submissive, Js 4:13-17
 content, 2 Cor 12:7-10; Phil 4:10-14
 not seeking my own way, 1 Cor 13:5
 not wise in own estimation, Rm 12:3, 16
 humble, Phil 2:3; Col 3:12
 peaceable/peaceful, Phil 4:6-7; Col 3:15; Ti 3:2; Js 3:17
 joyful, 1 Th 5:16; Rm 12:12; Js 1:2
 self-controlled, Gal 5:23; 2 Pt 1:6
 needing endurance, Hb 12:2; Js 1:3-4
 needing strength, Hb 12:3; Js 5:8
 trusting, Pr 3:5



Actions

asking God Phil 4:6, 1 Jn 5:14
 patient, Gal 5:22; Col 3:12; 1 Th 5:14
 thankful, Eph 5:20; Col 3:15; 1 Th 5:18
 forgiving, Eph 4:32; Col 3:13; 1 Pt 4:8
 gentle, Gal 5:22; Col 3:12; Ti 3:2; Js 3:17
 kind, Col 3:12; Gal 5:22; 2 Pt 1:7
 loving, Eph 5:1-2; Col 3:14; 1 Cor 13:1-8
 overcoming evil with good, Rm 12:21
 devoted to prayer, 1 Th 5:17; Rm 12:12; Js 1:5-8
 not vengeful, 1 Pt 3:9; Rm 12:17-19

I Desire + What I Truly Deserve = No Demands!

I Desire + I Deserve = I Demand

Attitudes

prideful/arrogant, Pr 21:24, 28:25
 wise in my own estimation, Pr 26:12, Rm 12:16
 without peace, Rm 3:17
 bitter, Rm 3:14
 lover of pleasure/comfort, 2 Tim 3:4
 angry, Gal 5:20
 anxious/fearful, Mt 6:27
 ungrateful, Lk 6:35, 2 Tm 3:2
 envious/jealous, Rm 1:29, Gal 5:2
 hopeless, Eph 2:12



Actions

demanding, Lk 11:16
 loving self, 2 Tm 3:2
 boasting, 2 Tm 3:2, Js 3:5, 4:16
 grumbling, Phil 2:14
 biting and devouring, Gal 5:15
 disputing, 2 Cor 12:20, Gal 5:20, 1 Tim 6:4
 criticizing/judging, Lk 6:41-42, Rm 2:1
 not asking God, Josh 9:14, 1 Sam 13:12
 withdrawing, Pr 18:1
 returning evil for good, Pr 17:13