

Name: \_\_\_\_\_

Thursday, September 22, 2016

Lesson 2-Thu.

## D1—THE HEART: GOSPEL IMPLICATIONS FOR MY HEART

**DUE:**

**Thursday, September 29, 2016**

Prayerfully read through Ephesians 2:1-10. Thank God for your salvation and for His transforming work in your life as you grow in your walk with Christ.

### **LOOKING BACK...**

Review the blue "God's Transformation of Man" pamphlet from lesson 2. Describe something that was new, encouraging, challenging or helpful.

Read the "Heart Shepherding with the Gospel" handout. Pick one of the suggestions to help you grown in how you shepherd your heart this week. How do you think it will be helpful to you?

Based on the lesson, why do you need to shepherd your heart?

**LOOKING DAY BY DAY...**

On the last page of the outline from lesson 1, Scott Maxwell answered the question, “What is the point of Bible reading plans and the heart behind them?” in this way:

*“The primary goal in encouraging participants of Build and Wellspring to be faithful to a Bible reading plan is to discover the God of the Word from one page to the next all the way from the beginning to the end of the Bible. God didn’t reveal Himself only in our five favorite books of the Bible, but on every single page. To ignore or neglect His self-revelation on all the other pages impoverishes our souls that are nourished by the rich truths concerning Him on those pages. If you need to start slowly and be on a three-year plan to get through the whole Bible, we’d love to walk with you on that amazing journey! And if you are ready to accept the challenge to read through the Bible in a year, we’re here to stand beside you all the way and encourage you. Regardless of how much you prayerfully choose to read this coming year, the goal is to meet with the God of the Word and marvel at His character. When our Bibles are open, worship needs to be alive and well!”*

How is this helpful to you as you begin or continue with a Bible reading plan?

If you don’t currently have a reading plan, be sure to choose one and begin by October 1<sup>st</sup>. Be sure to look through the reading plans available in the resource section of your notebook and prayerfully consider which option might best help you grow in worshipfully meeting with God in all of His Word. Notice that there are options such as:

- The Discipleship Journal Plan – only 25 readings/month, read in 4 places each day (allows days for Wellspring or small group homework or catching up).
- Old and New Testament together – 1 year OR 2-year plan – consistently reading from both the Old and the New Testaments. These plans are not dated, so there is less opportunity to be distracted by specific dates.
- 52-week plan – reading from a different place in Scripture each day of the week.
- Chronological plan – read the Bible in roughly the order in which events happened.
- McCheyne’s plan – read in four places each day, covers OT once and most of NT and Psalms twice in a year.
- Make your own plan – allow you to set your own pace through Scripture for roughly a month. At the end, you’re encouraged to either make another plan or move onto another reading plan.

**LOOKING AHEAD...**

After looking at the importance of shepherding our hearts, the next lesson will focus on the great importance God places on our homes. The home is where the quality of our heart shepherding is put on display. We will learn about God's design and the inseparable relationship between His Word, our hearts, and our homes.

To prepare for Lesson 3, read through the Wellspring purpose and disciplines found on the back of your notebook. In the following verses, underline the Wellspring disciplines you find.

*Deuteronomy 6:1-9*

*1 "Now this is the commandment, the statutes and the judgments which the LORD your God has commanded me to teach you, that you might do them in the land where you are going over to possess it, 2 so that you and your son and your grandson might fear the LORD your God, to keep all His statutes and His commandments which I command you, all the days of your life, and that your days may be prolonged. 3 "O Israel, you should listen and be careful to do it, that it may be well with you and that you may multiply greatly, just as the LORD, the God of your fathers, has promised you, in a land flowing with milk and honey. 4 "Hear, O Israel! The LORD is our God, the LORD is one! 5 "You shall love the LORD your God with all your heart and with all your soul and with all your might. 6 "These words, which I am commanding you today, shall be on your heart. 7 "You shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up. 8 "You shall bind them as a sign on your hand and they shall be as frontals on your forehead. 9 "You shall write them on the doorposts of your house and on your gates.*

**Wellspring Kids Memory Verse:**

Psalm 119:11 "I have hidden Your Word in my heart that I might not sin against you."