

Name:	
name.	Saturday, January 9, 2016
	Lesson 8-Sat.

# D1—THE HEART: THE BEATITUDES AND MATTHEW 5-7

DHE.	
DOE:	
Caturday January 22 2016	
Saturday, January 23, 2016	

Before you begin your lesson, read through Matthew 7:24-27. Prayerfully reflect on Jesus' closing thoughts from His teaching on the Kingdom, and ask Him to help you be like the wise man who hears and heeds Jesus' words.

#### **LOOKING BACK...**

Review your lesson notes from Lesson 7, D1 - The Heart: The Beatitudes and Matthew 5-7. What impacted or challenged you? In what area(s) would you like to grow? What will you do to help you change?

## **LOOKING DAY BY DAY...**

Select a passage of Scripture from your daily reading that got your attention in a significant way. Write out the verse(s) or key points, and the reference. Why did you choose that particular passage? How were you impacted by it?



## **LOOKING AHEAD...**

In preparation for the next lesson, "D1-The Heart: Proverbs 4:23," read Proverbs 4:1-27, below, and complete the following exercise.

• From verse 1:

Who wrote it?

To whom is he writing?

Why did he write it?

- Underline in red any instructions he gives.
- Underline in blue any benefits from following the instructions.
- Pray about what you've seen, asking the Lord to use it to prepare your heart for the next lesson on v. 23.

#### Proverbs 4

1Hear, O sons, the instruction of a father,

And give attention that you may gain understanding,

2 For I give you sound teaching;

Do not abandon my instruction.

3 When I was a son to my father,

Tender and the only son in the sight of my mother,

4 Then he taught me and said to me,

"Let your heart hold fast my words;

Keep my commandments and live;

5 Acquire wisdom! Acquire understanding!

Do not forget nor turn away from the words of my mouth.

6 "Do not forsake her, and she will guard you;

Love her, and she will watch over you.

7 "The beginning of wisdom is: Acquire wisdom;

And with all your acquiring, get understanding.

8 "Prize her, and she will exalt you;

She will honor you if you embrace her.

9 "She will place on your head a garland of grace;

She will present you with a crown of beauty."

10 Hear, my son, and accept my sayings

And the years of your life will be many.

11 I have directed you in the way of wisdom;

I have led you in upright paths.

12 When you walk, your steps will not be impeded;

And if you run, you will not stumble.



Proverbs 4 (cont.)

13 Take hold of instruction; do not let go.

Guard her, for she is your life.

14 Do not enter the path of the wicked

And do not proceed in the way of evil men.

15 Avoid it, do not pass by it;

Turn away from it and pass on.

16 For they cannot sleep unless they do evil;

And they are robbed of sleep unless they make someone stumble.

17 For they eat the bread of wickedness

And drink the wine of violence.

18 But the path of the righteous is like the light of dawn,

That shines brighter and brighter until the full day.

19 The way of the wicked is like darkness;

They do not know over what they stumble.

20 My son, give attention to my words;

Incline your ear to my sayings.

21 Do not let them depart from your sight;

Keep them in the midst of your heart.

22 For they are life to those who find them

And health to all their body.

23 Watch over your heart with all diligence,

For from it flow the springs of life.

24 Put away from you a deceitful mouth

And put devious speech far from you.

25 Let your eyes look directly ahead

And let your gaze be fixed straight in front of you.

26 Watch the path of your feet

And all your ways will be established.

27 Do not turn to the right nor to the left;

Turn your foot from evil. [NASB]

