

Name: \_\_\_\_\_

Thursday, December 10, 2015  
Lesson 11-Thurs.

## D1—THE HEART: GUARD YOUR HEART (PROVERBS 4:23)

DUE:

Thursday, January 14, 2016

### LOOKING BACK...

Review the lesson and praise God and (if you are a believer) take comfort in His Work of regeneration in your heart. **Write out a prayer to God, rehearsing what God has done for your heart and what implications this should have on how you care for your heart. Thank Him and ask for help as you seek to guard your wellspring.** Remember guarding your heart (purity of heart) isn't just about what you keep out, but even more about seeking God with all your heart.

**Water Purity Check:** Answer the following "Water Purity" questions. For *each one (a-d)*, think about and respond to the following questions.

- What do your answers reflect about how well you have been guarding your wellspring?
  - What practices do you need to maintain?
  - What might need to change?
- a. Do you usually sense a presence or absence of affection for God?
- b. Are you daily shepherding your heart to God in His Word?
- c. How do your prayers reflect the vigilance with which you guard your heart?

d. What lures your heart away from God? How diligently do you flee this?

Now come up with two more questions that you think will be particularly helpful to help you keep a watch on your heart.

e.

f.

### **LOOKING DAY BY DAY...**

How has your daily time in God's Word helped you to shepherd your heart during a recent time of need?

### **LOOKING AHEAD...**

The next lesson will focus on the home (D-2 THE HOME: A Whole Bible Survey of the Home). In this lesson, we will see that the home is very much on God's mind, and we will discover what God thinks about household relationships. We will see how Discipline 1 and Discipline 2 are connected and intertwined throughout the entire Scripture, from the OT to the NT.

As you read the following verses, identify as many of the Wellspring Disciplines as you can in each passage (read the surrounding verses to better understand the context).

Deuteronomy 6: 1-9

Acts 16:14-15

**December**  
**Memory verse for**  
**Jerusalem Class**

"And we know that for those who love God all things work together for good, for those who are called according to His purpose."  
~Romans 8:28