

D1—The Heart: Shepherding Your Heart throughout the Day

Wellspring Purpose:

To equip and _____ the women of Grace Bible Church to _____ their hearts toward _____ with the _____ of God so that they live _____-transformed lives, thus strengthening the _____ in its gospel purpose.

Discipline one – the _____

She _____ shepherds her _____ toward God through the _____ of _____, and in particular, the _____.

Discipline two - the _____

She _____ to those in her _____ with her _____ for God and the gospel.

Discipline three – _____

With a heart for God and the _____, and fulfilling her _____ within her _____, she steps into the _____ to shepherd others toward God and the _____.

"Above all else, _____ your _____, for it is the _____ of life." _____ 4:23

I. Shepherding my heart when my Bible is open.

1. Why do I read my Bible?

2. Why do I come before the Lord with my Bible open?

II. Shepherding my heart throughout the day

1. Listening to myself, my thoughts, my reasoning

(wrong thinking/downward spiral)

I desire + I deserve = I DEMAND

2. *Shepherding my heart, my thoughts, my reasoning*

(right thinking/upward spiral)

I desire + what I truly deserve = NO DEMANDS

III. How do I shepherd my heart throughout the day?