

Name:	
	Saturday, November 21, 2015
	Lesson 6-Sat.

D1—THE HEART: SHEPHERDING YOUR HEART THROUGHOUT THE DAY

DHE.
DUE:
Saturday, December 5, 2015
Saturday, Determiner 3, 2013

Before you begin your lesson, prayerfully read through Philippians 4:6-8. Consider writing this passage on a card to memorize or review throughout the day and week.

LOOKING BACK...

Review your notes from the lesson. Evaluate how you have been handling your desires. Is there anything that you would like to change? Please explain. Be ready to share with your discussion group some examples of how you have used God's word to shepherd your heart throughout the day.

LOOKING DAY BY DAY...

Look through the Wellspring Songbook and choose a few songs to read or sing that help you to shepherd your heart throughout the day. What songs did you choose and how did they help you?



LOOKING AHEAD...

In preparation for lesson 7, Mary and Martha (Luke 10:38-42), read the following passages and write your observations about Mary and Martha.

Luke 10:38-42

John 11:1-45

John 12:1-8



LOOKING DEEPER...

The Attributes of God - Psalm 145:1-21.

Make a list of the attributes or characteristics of God found in this Psalm.

How does looking at the attributes of God help you shepherd your heart during times where you might be prone to listen to yourself?

Verse	Attribute or Characteristic of God
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