

Name: \_\_\_\_\_

Thursday, November 12, 2015

Lesson 8-Thurs.

## **D1—THE HEART: SHEPHERDING YOUR HEART THROUGHOUT THE DAY**

**DUE:**

**Thursday, November 19, 2015**

Before you begin your lesson, prayerfully read through Philippians 4:6-8. Consider writing this passage on a card to memorize or review throughout the day and week.

### **LOOKING BACK...**

Review your notes from the lesson. Evaluate how you have been handling your desires. Is there anything that you would like to change? Please explain. Be ready to share with your discussion group some examples of how you have used God's word to shepherd your heart throughout the day.

### **LOOKING DAY BY DAY...**

Look through the Wellspring Songbook and choose a few songs to read or sing that help you to shepherd your heart throughout the day. What songs did you choose and how did they help you?

**LOOKING AHEAD...**

In preparation for lesson 9, Mary and Martha (Luke 10:38-42), read the following passages and write your observations about Mary and Martha.

Luke 10:38-42

John 11:1-45

John 12:1-8

**November Memory verse for Jerusalem Class**

"For this is the love of God, that we keep His commandments,  
And His commandments are not burdensome."

~1 John 5:3

