

Name: _____

Thursday October 15, 2015
Lesson 5-thurs.

D1: THE HEART: THE DISCIPLINE OF SHEPHERDING MY HEART

DUE:
Thursday October 22, 2015

Before you begin, please pray and ask the Lord to help grow your understanding and desire for God as you shepherd your heart with His Word and the gospel.

LOOKING BACK...

Review your notes from Lesson 5, The Discipline of Shepherding My Heart. What was the most helpful part of the lesson for you? Was there any part that was challenging?

LOOKING DAY BY DAY...

1. The Psalmist prays in Psalm 119: 41, "May your loving kindnesses also come to me O LORD, Your salvation according to Your word." List the Psalmist's "I" statements that follow in verses 42-48 that reveal his understanding and commitments that flow (result) from this prayer:

*i.e. verse 42— I will have an answer for him who reproaches me
I trust in Your word*

2. How do the Psalmist's responses teach, challenge, and encourage you to shepherd your heart as you consider your own salvation?
3. As you shepherd your heart throughout the day, identify verses that you could add to the outline for this lesson, "The Discipline of Shepherding My Heart."

This might be a passage that prepares you to pursue God, that describes some aspect of the gospel, that describes praise to God and/or His attributes, that reveals the true character of sin / would help you battle sin, that would enhance your thankfulness, that would direct you in how you can pray for yourself and others, or that would help you trust Him and obey Him.

What references did you choose? How are those verses helpful?

LOOKING AHEAD...

In preparation for the next lesson, read Luke 11:1-4, where Jesus teaches His disciples to pray. How would you like to grow in your prayer life?

October Memory verse for Jerusalem Class

"Watch over your heart with all diligence, for from it flow the springs of life."

~ Proverbs 4:23

LOOKING DEEPER...

From time to time, Wellspring homework will include a "Looking Deeper" study. These studies give us the opportunity to look more closely at a particular topic or passage from Scripture. In addition to our daily Bible reading, this gives us another way to draw near to God through His Word that we might know, love, and obey Him more completely.

For this LOOKING DEEPER, we are going to spend time in Psalm 23 looking for things that are true about God (His attributes) and the ways He cares for His own. Ask the Lord to help you grow in your heart shepherding and prayer life through what you see in Psalm 23.

Make a list of the attributes of God that you find in Psalm 23 in the chart below.

Verse	Attributes or characteristics of God

Make a list of benefits to the one who can say "the Lord is my shepherd."

Verse	Benefit