

Name: \_\_\_\_\_

**Thursday October 08, 2015**  
**Lesson 4-thurs.**

## **D1—THE HEART: A WHOLE BIBLE SURVEY OF THE HEART**

**DUE:**

**Thursday October 15, 2015**

Before you begin your lesson, read Deuteronomy 6:4-6. Ask the Lord to help you grow in your understanding and practice of shepherding your heart, so that you may love Him even more with all your heart, soul, and might.

### **LOOKING BACK...**

Review the notes from Lesson 4 (D1—THE HEART: A Whole Bible Survey of the Heart, October 08, 2015). Identify some of the Scriptures that helped you to grow in your understanding of the heart. How have the first three Wellspring lessons helped you to grow in a biblical understanding of the Christian life? How could your growth in understanding help you to minister to others with a heart for God and the gospel?

### **LOOKING DAY BY DAY...**

Share something from your daily Bible reading that helped you shepherd your heart. List the reference for the Scripture passage you selected and tell how it was helpful.

**LOOKING AHEAD...**

In preparation for the coming lesson; D1 Heart: The Discipline of Shepherding My Heart, evaluate how you are doing in the discipline of shepherding your heart.

If you tend to be *consistent*, why do you think that is? Take some time to thank God for this fruit of faithfulness that He has grown in you by His Spirit. How would you encourage someone who struggles with consistency. (Write your answer below the next question.)

If you tend to be *inconsistent*, how can you prepare to grow in this discipline? Evaluate **any** of the following questions that are helpful for you in answering this question.

- Where will I meet alone with God in His Word? Why is this a helpful choice?
- When will I meet alone with God in His Word? Will it be the same every day, or do I need a different plan for different days?
- How much time will I set aside for meeting with God in His Word? How might I use that time?
- Will the time I spend vary? Would it be helpful to plan for a smaller amount of time, with a list of ideas for how I can spend more time if it's available some days?
- What distractions do I need to plan for? How might I minimize those?
- How can I make the most of unexpected small windows of time to shepherd my heart?

**October Memory verse for Jerusalem Class**

"Watch over your heart with all diligence, for from it flow the springs of life."

~Proverbs 4:23