

| Name: |                        |
|-------|------------------------|
|       | Lesson 21 - Thurs.     |
|       | Thursday April 16 2015 |

## D1—THE HEART: LISTENING TO YOURSELF VS. SHEPHERDING YOUR HEART THROUGHOUT THE DAY

| THROUGHOUT THE DAT  |  |  |
|---|--|--|
| DUE:<br>Thursday, April 23, 2015  |  |  |
| Before you begin your homework, take a few minutes to quiet your heart and pray.  |  |  |
| <b>LOOKING BACK</b> What was the most helpful thing you learned in lesson 21, Listening to Yourself vs. Shepherding Your Heart Throughout the Day? How will you apply it? |  |  |
| What difference do you see between listening to yourself and shepherding your heart? How does one impact the other?   |  |  |
| Evaluate the strengths and weaknesses of your heart shepherding in the following areas:   |  |  |
| Time meeting with God in His Word and prayer  |  |  |
|   |  |  |
| The rest of the day   |  |  |



## **LOOKING BACK OVER THE YEAR...**

Take some time to reflect on this year in Wellspring. Please share your thoughts about the following: What was helpful? Suggestions for next year?

| 1.  | the lessons   |
|-----|---|
| 2.  | the homework  |
| 3.  | other resources   |
| 4.  | the Wellspring purpose and disciplines  |
| 5.  | your discussion group   |
| 6.  | Wellspring schedule   |
| Wha | t are a few things that stand out to you in particular? Think about ways you've been helped, challenged, or encouraged. |
| Vou | ld you be interested in serving next year in WS Kids?   |



## **LOOKING DAY BY DAY...**

How have you grown in shepherding your heart, both in your time alone with God (Bible reading, prayer, theme journal), as well as throughout your day?

## **LOOKING AHEAD...**

What are your plans for continuing to grow in the Wellspring disciplines (heart, home, ministry) over the summer?

