

D2: The Heart – The discipline of shepherding my heart.

1. Shepherding my heart when my Bible is open.

- a. Why do I read my bible?

- b. Why have I come before you with my Bible open?

- Grow
- Grow
- Grow
- Grow
- Grow
- Grow
- ETC.

2. Shepherding my heart throughout the day (see diagrams)

3. Listening to myself my thoughts, reasonings (diagram 1):

- a. "I desire + I deserve = I DEMAND"
 - i) Thinking biblically about my desires

 - ii) What I might hear myself tell me throughout the day concerning my desires:

b. Disappointment, Discouragement and Despair (the cycle).

c. What can I expect if the cycle continues unbroken?

4. **Shepherding my heart, thoughts, reasonings (diagram 2)**

a. I desire + What I truly deserve = I relinquish my Perceived rights!! No Demands!

i) What I must tell myself throughout the day concerning my desires.

ii) What I must tell myself throughout the day concerning what I truly deserve.

iii) What I must tell myself throughout the day concerning my perceived rights.

b. Disappointment (short lived), Dependent, Hopeful (the cycle)

c. Going after the root!