

Name: \_\_\_\_\_

**Lesson 7-Sat.**  
**Saturday, December 7, 2013**

## **D1—THE HEART: ARE YOU PASSIONATE FOR SALVATION'S REST?—HEBREWS 4:11-13**

**DUE:**  
**Saturday, January 11, 2014**

Before you begin your homework, take a few minutes to sing or read the song, "Before the Throne" from the Wellspring songbook. Pray and thank God for the rest for your soul that He provides through the gospel.

### **LOOKING BACK...**

1. Review the notes from lesson 4, "D1: The Heart—Are You Passionate for Salvation's Rest?" What did you learn about *your* participation in salvation's rest? Is there any way you need to respond?

### **LOOKING DAY BY DAY...**

2. Continue to spend time each day in God's Word. Be ready to share something that impacted you from your daily reading that you recorded in your theme journal.

## LOOKING AHEAD...

In preparation for Lesson 8, D1-THE HEART: The Discipline of Shepherding My Heart, read Deuteronomy 6:4-9. The expression “shepherding your heart” describes not only time spent with the Lord in prayer and in His Word, but also includes the rest of the day and all of life. Remember that “heart” means the inner man, including thoughts, emotions, affections, will, and responses.

3. What relationship do you see between these 2 aspects of heart shepherding? How does one impact the other?

4. Evaluate the strengths and weaknesses of both aspects of heart shepherding in your own life.

Time meeting with God in His Word and prayer:

The rest of the day:

**LOOKING DEEPER...God’s Attributes (Psalm 103)**

Use the table below to make a list of the attributes or characteristics of God found in Psalm 103:1-22.

Verse	Attribute or Characteristic of God

In prayer, thank God for who He is and how you have been encouraged and strengthened by seeing God’s attributes.