

Name: _____

Lesson 4-Thur.
Thursday, October 3, 2013

D1—THE HEART: A WHOLE BIBLE SURVEY OF THE HEART

DUE:
Thursday, October 10, 2013

Before you begin, please pray and ask the Lord to help grow your understanding and desire for God as you shepherd your heart with His Word and the gospel.

1. Review the notes from lesson 3 (D1—the Heart: A Whole Bible Survey of the Heart, October 22, 2012). Describe something that you found to be helpful. In what way is it helpful? How have you been encouraged to apply it?

2. Read Psalm 119: 17-24. Observe and write down something from the Psalmist's words that will help you to grow in Discipline 1. (Discipline 1—the heart: *She prayerfully shepherds her heart toward God through the word of God, and in particular, the gospel.*) You might want to look for something that is true about the Word, and how the Psalmist responds to that.

3. What are your current daily or weekly habits of shepherding your heart into greater love for God with God's word and prayer? In what ways is that going well? How is it making a difference in your life? Do you want or need to make changes, and if so, in what way?

4. Make some notes from a passage of Scripture from your daily reading that encourages, challenges, or makes you thankful.