

## Homework Instructions

This year in Wellspring, the homework will have several types of questions. There will be the opportunity to reflect on and apply the teaching (LOOKING BACK), ongoing encouragement to persevere in meeting with God in His Word through Bible reading (LOOKING DAY BY DAY), looking at verses in preparation for the upcoming lesson (LOOKING AHEAD), and at times it will include digging deeper into a particular topic that is helpful in the shepherding of our own hearts as well as in our care for others (LOOKING DEEPER).

Wellspring homework will be turned in to your discussion leader as a way for her to get to know you, pray for you, and encourage you.

## Bible Reading

The primary assignment in Wellspring is to read through the Bible in a year. If you don't already have a reading plan, look through the options in your notebook in the **resource section**. Select one to begin by **October 1st**. If you've never read through the Bible in a year or if you've struggled with doing so in the past, "The Discipleship Journal Bible Reading Plan" may be a helpful option to choose.

## Theme Journal

Choose **one** of the following themes to look for as you read through the Word this year. You can record what you learn about this theme in the Theme Journal available at the materials table, or in a journal of your own. If you have any questions about this, please talk to your discussion leader or Sarah, Lorie, or Ann.

**Truths about God and His character so that I can know Him better**—"The LORD also will be a stronghold for the oppressed, A stronghold in times of trouble; And those who know Your name will put their trust in You, For You, O LORD, have not forsaken those who seek You."- Psalm 9:9-10; see also Psalm 103; Psalm 116

**Examples of faith in the lives of men and women in Scripture**—"Now faith is the assurance of things hoped for, the conviction of things not seen. For by it the men of old gained approval." – Hebrews 11:1-2; "Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God." – Hebrews 12:1-2; see also Hebrews 11:1-12:3

**Truths which will comfort and strengthen me in times of adversity**—“How long, O LORD? Will You forget me forever? How long will You hide Your face from me? How long shall I take counsel in my soul, Having sorrow in my heart all the day? How long will my enemy be exalted over me? Consider and answer me, O LORD my God; Enlighten my eyes, or I will sleep the sleep of death, And my enemy will say, "I have overcome him," And my adversaries will rejoice when I am shaken. But I have trusted in Your lovingkindness; My heart shall rejoice in Your salvation. I will sing to the LORD, Because He has dealt bountifully with me.” - Psalm 13

**Principles and examples that will help me grow in my prayer life (may include worship, intercession, thanks, and/or confession)**—“Devote yourselves to prayer, keeping alert in it with an attitude of thanksgiving.” – Colossians 4:2; see also Philippians 4:6-8

**Truths that will help me fight sin in my life**—“Now these things happened to them as an example, and they were written for our instruction, upon whom the ends of the ages have come. Therefore let him who thinks he stands take heed that he does not fall. No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it. Therefore, my beloved, flee from idolatry.” – 1 Corinthians 10:1-14 (esp. verse 11-14)