

OPTIONAL RESOURCE Lesson 10

(NOT TO BE HANDED IN)

D1: THE HEART—THE POINT OF SUFFERING IN THE PAIN OF SUFFERING

Rem

ember to read the broader context of each Bible passage below.	
•	Take a moment to think about the last affliction or trial or suffering you encountered. How would you summarize your general attitude toward the trouble you faced? Honestly record what your goals were in the midst of the trouble. Are you satisfied with how you endured the trial? Why or why not?
•	Read 2 Corinthians 12:9-10. Record God's promises to Paul (and by application to you) in the midst of affliction or suffering.
•	Read James 1:2-4 and Romans 5:3-5. Record God's goals for you in trials which are the result of perseverance in the trial.
•	Read 2 Corinthians 4:17. How are you to regard affliction in light of eternity?
•	Read Romans 8:18. What is to be our focus when suffering enters our life?
•	After reading these passages on suffering, what changes would you like to make in any suffering you are undergoing now or in the next trial that comes? Be as specific as possible. Does anyone in your household need to benefit from something you've discovered in these passages?

