

OPTIONAL RESOURCE
(NOT to be handed in)

Putting off grumbling and complaining, putting on thankfulness

Grumbling and complaining are ways we can be contentious and tear down our homes and our relationships with our words. Think about what God's Word says about this sin and what the believer's speech should be like because of the gospel's work in us. Ask God for help to put off grumbling and complaining and to put on thanksgiving since you are a new creation in Christ, you are no longer a slave to sinful words, and He has given you everything you need for a godly, thankful heart and speech.

1. Read Exodus 16:8; 17:1-7, Numbers 21:4-6, 1 Corinthians 10:1-11. Summarize what was going on. Then write out 1 Corinthians 10: 12-14.

2. Write out the following verses:

Romans 8:28

Philippians 2:14-15.

Philippians 4:4-9

1 Thessalonians 5:16-18

James 1:2-4

3. Christ's love for me will help me endure difficult situations where I may be tempted to grumble and complain.
Write out the following verses:

Romans 8:35-39.

Ephesians 1:3-6, 11-12.

4. On a separate sheet of paper, make a list of things for which you are thankful.