



Wednesday: Lesson 23

Saturday: Lesson P

D1: The Heart – Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Galatians 5:22-23

Introduction:

LOVE is an action that refers to willing, self-giving service.

God's example of love:

Jesus' example of love:

How we are to emulate this love:

JOY is the deep down sense of wellbeing that abides in the heart of the person who knows all is well between herself and the Lord.

PEACE refers to tranquility of mind that comes from a saving relationship with Jesus.

PATIENCE is reflected by not being easily offended. It is the ability to put up with others even when it is not easy to do so.

KINDNESS is benevolence in action such as God demonstrated toward men.

GOODNESS may be thought of both as an uprightness of soul and as an action reaching out to others to do good even when it is not deserved.

FAITHFULNESS pertains to loyalty and trustworthiness.

GENTLENESS is that temper of spirit in which the believer accepts God's dealings as good and therefore without disputing or resisting. It is the humble and gentle attitude that is patiently submissive in every offense, while being free of any desire for revenge or retribution.

SELF CONTROL refers to a person's ability to have mastery over one's desires and passions.

