



wellspring

"Above all else, guard your heart, for it is the wellspring of life." *Proverbs 4:23*

An example of how the Wellspring disciplines might shape your prayerful approach to God through His word:

Heavenly Father,

I intend this time in Your Word to be an expression of worship of You, desire for You, love for You, need of You, dependence on You. Any of this and all of this is only possible through Your Son Jesus Christ, who is my Savior. I approach You through Him, my Substitute and High Priest.

I have Your Word open before me because You have revealed Yourself there more clearly than any other place and I long to know You better. I desire to see You in all Your glory in the pages before me. I simply and humbly draw near to You to study You. Nearness to You through these pages of Scripture is my good.

I also have Your Word open before me because I need to learn more of the nature of my sin and fallenness before You, so that I might better understand what danger I truly was in and what dangers still lurk within me, and so that I might see the sin that provoked Your righteous wrath toward Your Son and Your grace that moved You to act as Savior toward me in Him.

Your Word is open before me so that I might undergird my life again today with Your saving heart and motive in the gospel of Your Son, who overcame the penalty of my sin and the power of my sin to enslave me. I need the foundation of Your gospel under me clearly so that I can see just how You have equipped me through it to fight against my sin and to fight for obedience to You through Jesus Christ. I am here to rehearse Your bedrock promises in the gospel to my soul.

I have Your Word open before me to also study what righteousness and holiness of life looks like for one who has been made into a new creature in Christ. By Your grace and power, as I see holiness of life placed in front of me in the pages of Scripture, I long to better align my life and behavior with what pleases You.

I desire my heart and mind to be full of You because of what these pages reveal to me about You. I long for You to spill out of me into my home and wherever You lead me today. All who come into contact with me today must interact with a woman whose heart has drawn near to You. Their best hope for salvation or for growth in the gospel will come from one who has searched for You in Your Word and gazed upon Your Son in the gospel.

In Christ's name I pray,
Amen.