# build

## D1: The Discipline of Shepherding My Heart

### | Desire + | Deserve = | Demand

#### **Attitudes**

prideful/arrogant, Pr 21:24, 28:25

wise in my own estimation, Pr 26:12, Rm 12:16

without peace, Rm 3:17

bitter, Rm 3:14

lover of pleasure/comfort, 2 Tim 3:4

angry, Gal 5:20

anxious/fearful, Mt 6:27

ungrateful, Lk 6:35, 2 Tm 3:2

envious/jealous, Rm 1:29, Gal 5:2

hopeless, Eph 2:12



#### **Actions**

demanding, Lk 11:16

loving self, 2 Tm 3:2

boasting, 2 Tm 3:2, Js 3:5, 4:16

grumbling, Phil 2:14

biting and devouring, Gal 5:15

disputing, 2 Cor 12:20, Gal 5:20, 1 Tim 6:4

criticizing/judging, Lk 6:41-42, Rm 2:1

not asking God, Josh 9:14, 1 Sam 13:12

withdrawing, Pr 18:1

returning evil for good, Pr 17:13

#### **Attitudes**

submissive, Js 4:13-17

content, 2 Cor 12:7-10; Phil 4:10-14

not seeking my own way, 1 Cor 13:5

not wise in own estimation, Rm 12:3, 16

humble, Phil 2:3; Col 3:12

peaceable/peaceful, Phil 4:6-7; Col 3:15; Ti 3:2; Js 3:17

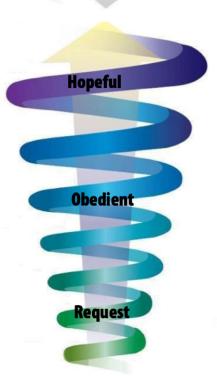
joyful, 1 Th 5:16; Rm 12:12; Js 1:2

self-controlled, Gal 5:23; 2 Pt 1:6

needing endurance, Hb 12:2; Js 1:3-4

needing strength, Hb 12:3; Js 5:8

trusting, Pr 3:5



#### Actions

asking God Phil 4:6, 1 Jn 5:14

patient, Gal 5:22; Col 3:12; 1 Th 5:14

thankful, Eph 5:20; Col 3:15; 1 Th 5:18

forgiving, Eph 4:32; Col 3:13; 1 Pt 4:8

gentle, Gal 5:22; Col 3:12; Ti 3:2; Js 3:17

kind, Col 3:12; Gal 5:22; 2 Pt 1:7

loving, Eph 5:1-2; Col 3:14; 1 Cor 13:1-8

overcoming evil with good, Rm 12:21

devoted to prayer, 1 Th 5:17; Rm 12:12; Js 1:5-8

not vengeful, 1 Pt 3:9; Rm 12:17-19

I Desire + What I Truly Deserve = No Demands!