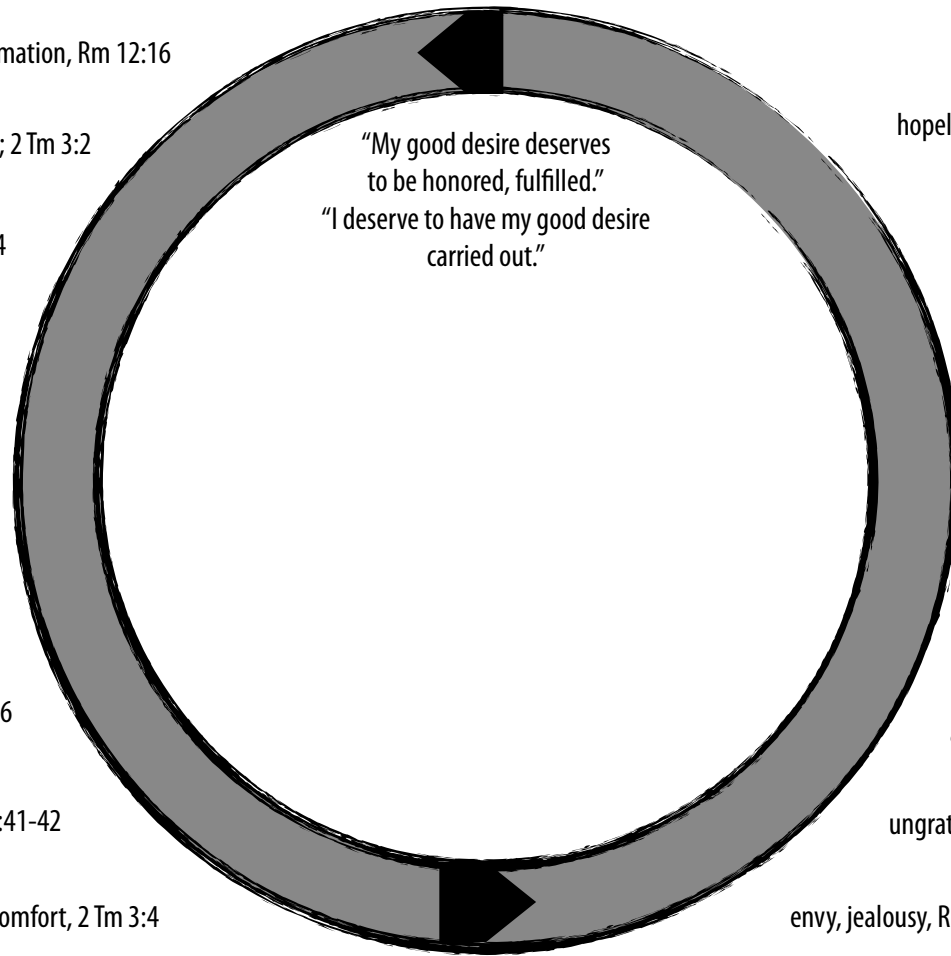


Listening to Yourself vs. **Shepherding Your Heart** Throughout the Day

I Desire
+
I Deserve
=
I DEMAND!!

DISAPPOINTMENT!

- wise in my own estimation, Rm 12:16
- boastful, Rm 11:30; 2 Tm 3:2
- grumbling, Phil 2:14
- complaining, Js 5:9
- bitterness, Rm 3:14
- disputing, Phil 2:14
- lover of self, 2 Tm 3:2
- selfish ambition, Rm 2:8; Js 3:14, 16
- critical of others, Lk 6:41-42
- lover of pleasure, comfort, 2 Tm 3:4



DISCOURAGEMENT!

- hopeless, Eph 2:12
- bite and devour one another, Gal 5:15
- without peace, Rm 3:17
- prayerless, Lk 18:1-8
- overcome by evil, Rm 12:21
- vengeful, 1 Th 5:15
- angry, Gal 5:20; Col 3:8
- anxious, Mt 6:27
- ungrateful, Lk 6:35; 2 Tm 3:2
- envy, jealousy, Rm 1:29; Gal 5:20; Ti 3:3; Js 3:14, 16

DESPAIR!

Listening to Yourself vs. **Shepherding Your Heart Throughout the Day**

I Desire

+

What I Truly Deserve

=

I RELINQUISH MY PERCEIVED RIGHTS!! NO DEMANDS!

"if the Lord wills," Js 4:13-17

love does not seek its own, 1 Cor 13:5

not wise in own estimation, Rm 12:3, 16

humility, Phil 2:3; Col 3:12

DISAPPOINTMENT!
(short-lived)

patient, Gal 5:22; Col 3:12; 1 Th 5:14

thankful, Eph 5:20; Col 3:15; 1 Th 5:18

forgiving, Eph 4:32; Col 3:13; 1 Pt 4:8

gentle, Gal 5:22; Col 3:12; Ti 3:2; Js 3:17

kindness, Col 3:12; Gal 5:22; 2 Pt 1:7

loving, Eph 5:1-2; Col 3:14; 1 Cor 13:1-8

overcomes evil with good, Rm 12:21

peaceable/peaceful, Phil 4:6-7; Col 3:15; Ti 3:2; Js 3:17

devoted to prayer, 1 Th 5:17; Rm 12:12; Js 1:5-8

not vengeful, 1 Pt 3:9; Rm 12:17-19

HOPEFUL!
Rm 8:28ff

joyful, 1 Th 5:16; Rm 12:12; Js 1:2

self-control, Gal 5:23; 2 Pt 1:6

needs endurance, Hb 12:2; Js 2:3-4

needs strength, Hb 12:3; Js 5:8

contentment, 2 Cor 12:7-10; Phil 4:10-14

DEPENDENT!

Desires - Pr 16:1-2, 9; 19:21; 21:2; 28:26; Js 4:13-17; etc.

What I truly **deserve** - Rm 2:5-6, 9, 12-13; 5:6-11; 6:23; etc.

Perceived rights and demands - 2 Cor 12:7-10; etc.