

D1: The Discipline of Shepherding My Heart

I. Shepherding my heart when my Bible is open.

a. Why do I read my bible?

b. Why have I come before you (Lord) with my Bible open?

Grow
Grow
Grow
Grow
Grow
Grow
ETC

II. Shepherding my heart throughout the day (see diagrams)

III. Listening to myself my thoughts, reasoning (diagram 1)

a. "I desire + I deserve = I DEMAND"

i) Thinking biblically about my desires

ii) What I might hear myself tell myself throughout the day concerning my desire

b. Disappointment, Discouragement and Despair (the cycle)

c. What can I expect if the cycle continues unbroken?

IV. *Shepherding my heart, thoughts, reasonings (diagram 2)*

a. I desire + What I truly deserve = I relinquish my Perceived Rights!!! No Demands!

i) What I must tell myself throughout the day concerning my desires

ii) What I must tell myself throughout the day concerning what I truly deserve

iii) What I must tell myself throughout the day concerning my perceived rights.

b. Disappointment (short lived), Dependent, Hopeful (the cycle)

c. Going after the root