

50 Ways To Love Your Wife

1 - If you meet the need

2 - You are working to meet the need

3 - This need is not being met

4 - This is not a need

- ___1) Communicating with her, never closing her out.
- ___2) Regarding her as important.
- ___3) Doing everything you can to understand her feelings.
- ___4) Asking her opinion frequently.
- ___5) Letting her feel your approval and affection.
- ___6) Being gentle and tender with her.
- ___7) Avoiding sudden major changes in her life without giving her time to adjust.
- ___8) Learning to respond openly and verbally when she wants to communicate
- ___9) Comforting her when she is down emotionally. For instance, putting your arms around her and silently holding her for a few seconds.
- ___10) Being interested in what she feels is important in life.
- ___11) Allowing her to teach you without putting up your defenses.
- ___12) Making special time available to her and your children.
- ___13) Having specific family goals for each year.
- ___14) Showing her you need her.
- ___15) Accepting her the way she is.
- ___16) Admitting your mistakes. Not being afraid to be humble.
- ___17) Leading your family in their spiritual relationship with God.
- ___18) Taking time for the two of you to sit and talk calmly.
- ___19) Going on romantic outings.
- ___20) Surprising her with a card or flowers.
- ___21) Defending her to others.
- ___22) Not expecting her to do activities beyond her emotional or physical capabilities.
- ___23) Taking time to notice what she has done for you and the family.
- ___24) Bragging about her to other people behind her back.
- ___25) Sharing your thoughts and feelings with her.
- ___26) Taking time to see how she spends her day -- at work or at home.
- ___27) Taking care of the kids before dinner.
- ___28) Helping straighten up the house before a meal time.
- ___29) Letting her take a bubble bath while you do the dishes.
- ___30) Disciplining the children in love, not anger.
- ___31) Getting rid of habits that annoy her.
- ___32) Not comparing her relatives with yours in a negative way.
- ___33) Thanking her for things she has done without expecting anything in return.
- ___34) Not expecting a hand to play whenever you help with the house cleaning.
- ___35) Doing little things for her - an unexpected kiss, coffee in bed.
- ___36) Discovering her fears in life.
- ___37) Discovering her sexual needs.
- ___38) Finding out what makes her insecure.
- ___39) Practicing common courtesies like holding the door open for her, pouring her coffee.
- ___40) Seeing if she is uncomfortable about the way money is spent.
- ___41) Taking her on dates now and then.
- ___42) Telling her you love her as often as you can.
- ___43) Learning to enjoy shopping.
- ___44) Not criticizing her in front of others.
- ___45) Not letting her see you become excited about the physical features of another woman if that bothers her.
- ___46) Letting your family know you want to spend special time with them.
- ___47) Being sympathetic when she is sick.
- ___48) Not disagreeing with her in front of the children.
- ___49) Taking her out to dinner and weekend get-aways.
- ___50) Giving her special time to be alone or with her friends.