

# 50 Ways To Love Your Wife

1 - If you meet the need

2 - You are working to meet the need

3 - This need is not being met

4 - This is not a need

- \_\_\_1) Communicating with her, never closing her out.
- \_\_\_2) Regarding her as important.
- \_\_\_3) Doing everything you can to understand her feelings.
- \_\_\_4) Asking her opinion frequently.
- \_\_\_5) Letting her feel your approval and affection.
- \_\_\_6) Being gentle and tender with her.
- \_\_\_7) Avoiding sudden major changes in her life without giving her time to adjust.
- \_\_\_8) Learning to respond openly and verbally when she wants to communicate
- \_\_\_9) Comforting her when she is down emotionally. For instance, putting your arms around her and silently holding her for a few seconds.
- \_\_\_10) Being interested in what she feels is important in life.
- \_\_\_11) Allowing her to teach you without putting up your defenses.
- \_\_\_12) Making special time available to her and your children.
- \_\_\_13) Having specific family goals for each year.
- \_\_\_14) Showing her you need her.
- \_\_\_15) Accepting her the way she is.
- \_\_\_16) Admitting your mistakes. Not being afraid to be humble.
- \_\_\_17) Leading your family in their spiritual relationship with God.
- \_\_\_18) Taking time for the two of you to sit and talk calmly.
- \_\_\_19) Going on romantic outings.
- \_\_\_20) Surprising her with a card or flowers.
- \_\_\_21) Defending her to others.
- \_\_\_22) Not expecting her to do activities beyond her emotional or physical capabilities.
- \_\_\_23) Taking time to notice what she has done for you and the family.
- \_\_\_24) Bragging about her to other people behind her back.
- \_\_\_25) Sharing your thoughts and feelings with her.
- \_\_\_26) Taking time to see how she spends her day -- at work or at home.
- \_\_\_27) Taking care of the kids before dinner.
- \_\_\_28) Helping straighten up the house before a meal time.
- \_\_\_29) Letting her take a bubble bath while you do the dishes.
- \_\_\_30) Disciplining the children in love, not anger.
- \_\_\_31) Getting rid of habits that annoy her.
- \_\_\_32) Not comparing her relatives with yours in a negative way.
- \_\_\_33) Thanking her for things she has done without expecting anything in return.
- \_\_\_34) Not expecting a hand to play whenever you help with the house cleaning.
- \_\_\_35) Doing little things for her - an unexpected kiss, coffee in bed.
- \_\_\_36) Discovering her fears in life.
- \_\_\_37) Discovering her sexual needs.
- \_\_\_38) Finding out what makes her insecure.
- \_\_\_39) Practicing common courtesies like holding the door open for her, pouring her coffee.
- \_\_\_40) Seeing if she is uncomfortable about the way money is spent.
- \_\_\_41) Taking her on dates now and then.
- \_\_\_42) Telling her you love her as often as you can.
- \_\_\_43) Learning to enjoy shopping.
- \_\_\_44) Not criticizing her in front of others.
- \_\_\_45) Not letting her see you become excited about the physical features of another woman if that bothers her.
- \_\_\_46) Letting your family know you want to spend special time with them.
- \_\_\_47) Being sympathetic when she is sick.
- \_\_\_48) Not disagreeing with her in front of the children.
- \_\_\_49) Taking her out to dinner and weekend get-aways.
- \_\_\_50) Giving her special time to be alone or with her friends.