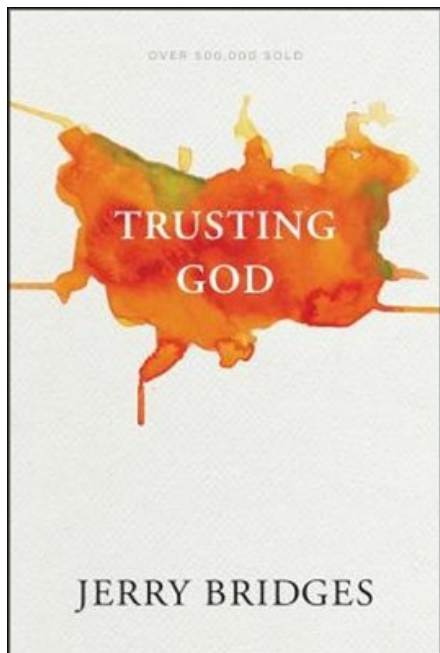


In *Trusting God*, Jerry Bridges seeks to answer the question, “Can I really trust God?” As one who had to endure significant trials, including the death of his mother at the age of fourteen and then the death of his first wife, Bridges gives compelling support from Scripture to encourage fellow believers who suffer to put their trust wholly in God. Rather than detailing a several-step “how to” guide on trusting God, Bridges helps bolster his readers’ trust in God by helping them to know God’s character. By expounding on God’s sovereignty, wisdom, and love, Bridges persuasively invites his readers to rely on the great God of the Scriptures.



The first time that I read this book, I was overwhelmed by the amount of Scripture that Bridges brought to bear on the subject of God’s sovereignty and love. Little did I know that God would use this book to prepare me to endure a significant trial of my own after I read it. The view of God that this book offers played a transformational role in my own life and thinking. I am sure that anyone who prayerfully reads it will be reassured of God’s trustworthiness and encouraged to know, love, and rely on Him to a greater degree. — Omri Miles, *Pastor/Elder*

**Suggested One-Month Reading Plan**  
(Average 7-9 pages per day)

**Week 1: Monday May 8 - Sunday May 15**

Preface (optional) – 4 pages  
Chapter One – 9 pages  
Chapter Two – 12 pages  
Chapter Three – 21 pages  
Chapter Four – 21 pages

**Week 2 : Monday May 16 - Sunday May 22**

Chapter Five – 23 pages  
Chapter Six – 13 pages  
Chapter Seven – 12 pages

**Week 3: Monday May 23 - Sunday May 29**

Chapter Eight – 19 pages  
Chapter Nine – 13 pages  
Chapter Ten – 12 pages  
Chapter Eleven – 16 pages

**Week 4: Monday May 30 - Sunday June 5**

Chapter Twelve – 22 pages  
Chapter Thirteen – 14 pages  
Chapter Fourteen – 12 pages

**Heart-Shepherding Aids**

1. **Pray.** Sometimes it is easy to neglect expressing gratitude to God altogether, but especially for the trials that he causes in our life to conform us to Christ-likeness. Schedule time each day this month to thank God for the various ways that He chose to express control over the previous events, people and circumstances of that day.
2. **Memorize** one passage that Bridges references, having to do with God’s sovereignty, wisdom, and love that you were not familiar with before you read *Trusting God*.
3. **Make a list** of the things over which God exercises dominion in general and specifically in your own life. Schedule a time in your phone calendar (or wherever you keep your schedule) to reread that list and add to it if possible.
4. **Make a list** of tangible ways that you can practice trusting God during this current season of life. Consider the following questions: How would greater dependence on God and an increased awareness of His trustworthiness manifest itself in your life? How would it impact your relationship with your spouse? Children? Roommates? Family members? Neighbors? Members of Grace Bible Church?
5. **Discuss** with your smallgroup how God is using the principles in this book to help you grow in trusting God.