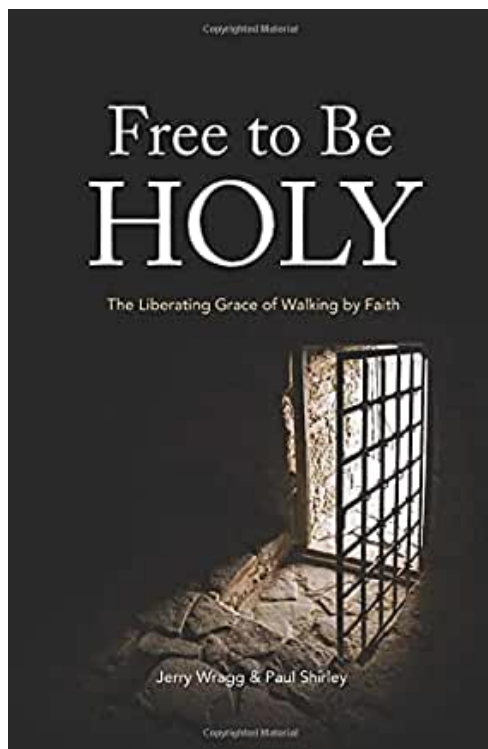


Every Christian knows that he needs to change. Becoming more like Christ is a priority for all God’s people. But to clearly chart a path toward purposeful, God-honoring sanctification is often a mystery to most. We know that prayer is essential. We know that God’s word is an important component. But how to join the Holy Spirit in producing holiness in us is something of an overlooked and misunderstood essential of the Christian life.



*Free to Be Holy* offers incredible clarity regarding the biblical doctrine of progressive sanctification. Written by two godly shepherds, this book counters wrong views of sanctification popular among many teachers today. It emphasizes the central role of faith in God’s revealed truth as it relates to Christian growth. Wragg and Shirley excellently articulate common errors and impediments to holiness, including dependence on emotions, an unwillingness to strive, and subtle forms of “gospel-centered” lawlessness that appeal to the flesh. May this book grant clarity to our members and stimulate a renewed resolve for God’s word and God’s purity.

— Omri Miles, Pastor/Elder

**Suggested One-Month Reading Plan**

(6 pages per day)

**Week 1: Monday, September 27th - Sunday, October 3rd**

Preface by Jerry Wragg, 4 pages  
 Preface by Paul Shirley, 4 pages  
 Introduction, 11 pages  
 Part 1: saved For Holiness  
 1. Saved to be Holy, 17 pages

**Week 2: Monday, October 4th - Sunday, October 10th**

2. Saved to Trust and Obey, 19 pages  
 3. Saved to Walk by Faith, 20 pages  
 4. Saved from Sins Tyranny, 12 pages

**Week 3: Monday, October 11th - Sunday, October 17th**

5. Saved to Love God's Law, 15 pages  
 6. Saved for Life in the Spirit, 15 pages  
 Part 2: Grace for Holiness  
 7. Enslaved by Grace, 8 pages

**Week 4: Monday, October 18th - Sunday, October 24th**

8. Means of Grace (part 1), 15 pages  
 9. Means of Grace (part 2), 17 pages  
 Part 3: Discernment for Holiness  
 10. Discerning Progress, 14 pages

**Week 5: Monday, October 25th - Sunday, October 31st**

11. Discerning Assurance, 18 pages  
 12. Discerning a Way Forward, 13 pages  
 Appendix 1: How Does Good Feel?, 9 pages  
 Appendix 2: A Puritan View of Faith, Feelings, and Affections, 9 pages

**QUOTES**

If your walk with Christ isn’t producing a love for His commands, you ‘gospel-centeredness’ is *way off-centered*.” (10)

“Grounded upon the God who cannot lie, faith is the act of entrusting ourselves to the truth He has spoken. It is to rest upon what God has promised *solely because of who He is*.” (35)

“Obsessing over the presence or absence of an emotional experience will lead to a faith grounded only in what is tangibly sensed at any given moment.” (44)

“True worship only takes place when the spirit is engaged by faith.” (64)

“When we actively pursue faith, the truth regulates our lives. By faith we hold onto the certainty that God, who transcends our feelings, experiences, and circumstances, is the One who determines reality. *His truth is true, even when it doesn't feel right. His will is ultimate, even when our experiences seem determinative. His hand is mighty, even when our circumstances seem omnipotent. His character is holy, even when our emotions betray us. His promises are final, even when despair seems permanent.*” (72)