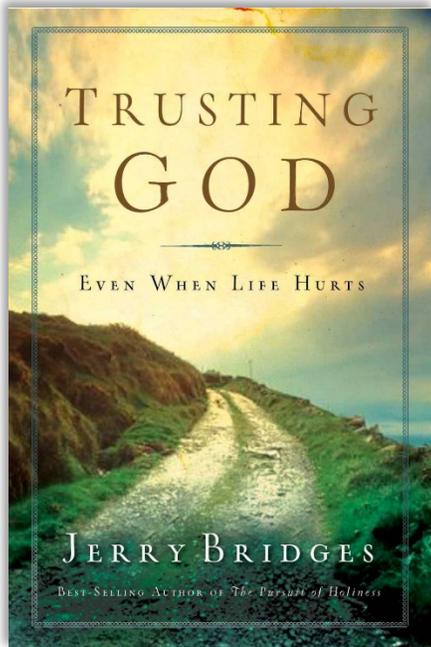


book of the month

Trusting God

Jerry Bridges



In *Trusting God*, Jerry Bridges seeks to answer the question, “Can I really trust God?” As one who had to endure significant trials, including the death of his mother at the age of fourteen and then the death of his first wife, Bridges gives compelling support from Scripture to encourage fellow believers who suffer to put their trust wholly in God. Rather than detailing a several-step “how to” guide on trusting God, Bridges helps bolster his readers’ trust in God by helping them to know God’s character. By expounding on God’s sovereignty, wisdom, and love, Bridges persuasively invites his readers to rely on the great God of the Scriptures.

The first time that I read this book, I was overwhelmed by the amount of Scripture that Bridges brought to bear on the subject of God’s sovereignty and love. Little did I know that God would use this book to prepare me to endure a significant trial of my own after I read it. The view of God that this book offers played a transformational role in my own life and thinking. I am sure that anyone who prayerfully reads it will be reassured of God’s trustworthiness and encouraged to know, love, and rely on Him to a greater degree. – Omri Miles

Suggested 1-Month Reading Plan

Week 1: 9 pages per day + preface

Preface (optional) – 4 pages
Chapter One – 9 pages
Chapter Two – 12 pages
Chapter Three – 21 pages
Chapter Four – 21 pages

Week 2: 7 pages per day

Chapter Five – 23 pages
Chapter Six – 13 pages
Chapter Seven – 12 pages

Week 3: 8 ½ pages per day

Chapter Eight – 19 pages
Chapter Nine – 13 pages
Chapter Ten – 12 pages
Chapter Eleven – 16 pages

Week 4: 7 pages per day

Chapter Twelve – 22 pages
Chapter Thirteen – 14 pages
Chapter Fourteen – 12 pages

Heart-Shepherding Aids

1. **Pray.** Sometimes it is easy to neglect expressing gratitude to God altogether, but especially for the trials that he causes in our life to conform us to Christ-likeness. Schedule time each day this month to thank God for the various ways that He chose to express control over the previous events, people and circumstances of that day.
2. **Memorize** one passage that Bridges references, having to do with God’s sovereignty, wisdom, and love that you were not familiar with before you read *Trusting God*.
3. **Make a list** of the things over which God exercises dominion in general and specifically in your own life. Schedule a time in your phone calendar (or wherever you keep your schedule) to reread that list and add to it if possible.
4. **Make a list** of tangible ways that you can practice trusting God during this current season of life. Consider the following questions: How would greater dependence on God and an increased awareness of His trustworthiness manifest itself in your life? How would it impact your relationship with your spouse? Children? Roommates? Family members? Neighbors? Members of the Grace Bible Church?
5. **Discuss** with your small group how God is using the principles in this book to help you grow in trusting God.