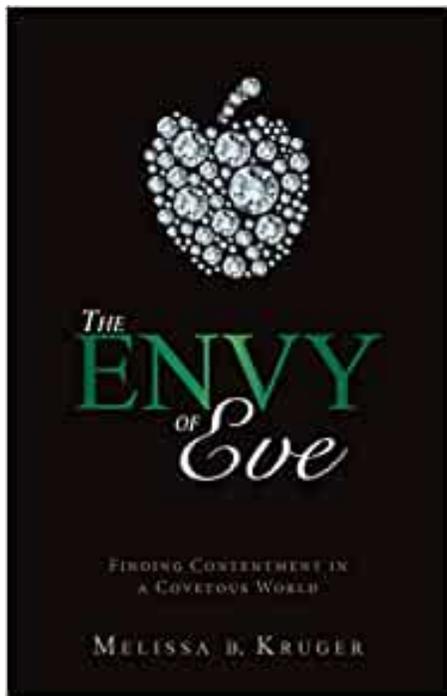


## book of the month

## *The Envy of Eve – Melissa B. Kruger*

*The Envy of Eve* is a very helpful book about a very common sin. In it, Melissa Kruger diagnoses covetousness and envy and jealousy and discusses at length the heart behind the sin and also describes a way forward toward God-honoring holiness and contentment.

One of the highlights of the book is chapter 2 where Kruger explains why unbelief is at the root of discontentment. I find that few modern authors writing about sin and these kinds of common counseling issues help the reader make the connection between their sin and unbelief or obedience and faith. This volume excels in this area. The principles discussed in chapter 2, "The Root of Coveting," can be applied more broadly to other sins. If the reader grasps these principles, he will be aided in understanding and fighting sin in whatever form it comes as he is better equipped to "live by faith" (Rom. 1:17).



— Omri Miles, Pastor/Elder

"As we seek to understand what coveting entails, it is important to recognize that it is a sin pattern of our hearts, not a set of circumstances we are facing. Coveting can so blind our minds that we come to believe that if we could just attain the longed for item (a job, a baby, a spouse, healing), then we would be able to be content in life." (25)

"We fail to love the Lord and glorify Him with our lives because we believe that life is found in the object of our desire instead of the Giver of all good and perfect gifts. Ultimately, our idolatry flows out of a deep unbelief in two primary components of God's character. Our covetousness and discontentment emanate primarily from a mistrust of God's *sovereignty* and *goodness*." (50)

"All the circumstances that happen in our lives are planned and ordained from the Lord." (53)

### Suggested One-Month Reading Plan

(6 pages per day)

#### Week 1: Monday November 29th - Sunday December 5th

Introduction, 4 pages

1. The Cry of the Covetous, 26 pages
2. The Root of Coveting, 22 pages

#### Week 2: Monday December 6th - Sunday December 12th

3. The Pattern of Coveting, 20 pages
4. The Power of Coveting, 24 pages

#### Week 3: Monday December 13th - Sunday December 19th

5. Coveting Money and Possessions, 23 pages
6. Coveting Within Romantic Relationships, 25 pages

#### Week 4: Monday December 20th - Sunday December 26th

7. Coveting Within Family and Friendships, 23 pages
8. Coveting Seasons and Circumstances, 23 pages

#### Week 5: Monday December 27th - Sunday January 2nd

9. Coveting Giftedness and Abilities, 23 pages
- Concluding thoughts, 6 pages

### QUOTES

"Christ fights the lies of Satan [in the wilderness] with the truth of the Scriptures. However, Christ does not simply know the Scriptures, He understands and believes them." (99-110)

"We... must realize that we will not always leave our time with the Lord feeling more refreshed or more connected with the Lord. However, through months and years of faithful study, our time with the Lord will transform our minds and grow our enjoyment of God." (108)

"A right longing is always accompanied by a greater longing for God's glory, a desire for His will to be done and a trust that all His ways are better than what we could plan for ourselves." (110)

"A woman who gives freely, gracefully, and sacrificially will rarely be without intimate friends. It is not through taking that we find the relationships we desire; it is by following in the way of Christ and giving to others, even at cost to ourselves." (193)