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	Lesson 7-Thur.		
	Thursday November 7 2013		

D1: THE HEART: THE DICIPLINE OF SHEPHERDING MY HEART

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Thomas No. 11 4 2012
Thursday, November 14, 2013
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Before you begin, please pray and ask the Lord to help grow your understanding and desire for God as you shepherd your heart with His Word and the gospel.

1. What was the most helpful part of the lesson for you? Was there any part that was challenging?

2. The Psalmist prays in Psalm 119: 41, "May your loving kindnesses also come to me 0 LORD, Your salvation according to Your word." List the Psalmist's "I" statements that follow in verses 42-48 that reveal his understanding and commitments that flow (result) from this prayer:

i.e. verse 42— I will have an answer for him who reproaches me I trust in Your word



3.	How do the Psalmist's responses teach, challenge, and encourage you to shepherd your heart as you consider your own salvation?
4.	As you shepherd your heart throughout the day, identify verses that you could add to the outline for this lesson, "The Discipline of Shepherding My Heart."
	This might be a passage that prepares you to pursue God, that describes some aspect of the gospel, that describes praise to God and/or His attributes, that reveals the true character of sin / would help you battle sin, that would enhance your thankfulness, that would direct you in how you can pray for yourself and others, or that would help you trust Him and obey Him.
	What references did you choose? How are those verses helpful?